

## **CAWG Recommended Ground Team Individual Equipment**

### **Personal First Aid and Survival Kit**

- 4 - Acetaminophen or aspirin tablets
- 4 - Antacid tablets
- 2 - Antiseptic cleansing pads
- 1 - Antiseptic Ointment
- 6 - Band-aids, various sizes
- 1 - Candle, long burning
- 2 - Cotton Swabs, non sterile
- 1 - Duct tape, 5-10 ft.
- 1 - Leaf bag, large
- 8 - Matches
- 1 - Matches container, waterproof
- 1 - Moleskin
- 1 - Plastic bag, ziplock, qt. size, for kit
- 1 - Quarter, for phone call
- 1 - Razor blade, single edge
- 1 - Roller Bandage
- 2 - Safety pins, large
- 1 - Splinter forceps, tweezers
- 1 - Towlette, clean
- 1 - Whistle
- 1 - Personal Medications

### **Personal SAR Equipment**

- 4 - Bags, various sizes, ziplocked
- 1 - Bandanna, handkerchief
- 1 - Cap or other headgear
- 2 - Carabiners, locking
- 1 - Clothing, adequate for climate
- 1 - Compass, orienteering
- 1 - Flagging tape, roll
- 1 - Flashlight or lantern
- 1 - Flashlight, extra, extra batteries and bulb
- 1 - Footwear, sturdy, adequate for climate
- 1 - pr Gloves, protective
- 1 - pr Goggles, clear
- 1 - Insect repellent
- 1 - Knife, multi-purpose
- 1 - Lip Balm, with sunscreen
- 1 - measuring device, 18 in minimum
- 1 - Metal cup or pot
- 1 - Mirror, small
- 1 - Nylon twine or small rope, 50 ft.
- 1 - Pad and pencil
- 1 - Pack, sufficient to hold individual and team equipment
- 2 - Prussik ropes, 6 - 8 mm x 5 feet
- 1 - Rainwear, durable
- 1 - SAR personal identification
- 1 - pr scissors, multipurpose
- 1 - Shelter material, 8 x 10
- 1 - Socks, extra pair
- 1 - Sunscreen lotion
- 1 - Tissue Paper
- 1 - Tracking Stick, 42" long
- 1 - Watch
- 2 - Water Container, at least liter size
- 1 - Webbing, 20 ft length of 1 in climbing type
- 1 - Wire, 5-10 ft, woven steel (picture hanging wire)

### **Optional Personal Support Equipment - Not required, but recommended**

- 2 - Antihistimine, 25mg Benadryl
- 2 - Bouillion cubes
- Extra leaf bags
- 1 - Extra water container
- 1 - Foam pad
- 2 - Food, non perishable
- 1 - Gaiters
- 1 - Rain cover, pack
- 1 - Sterno or stove
- 1 - Sunglasses, 97% UV protection
- 1 - Trail Snacks
- 1 - Water purification tabs

Note: These are guidelines that were discussed and approved at the CAWG Ground Team Leaders meeting in Bakersfield, 21 March 98. This list is not all-inclusive but provides a baseline set of equipment required by all Ground SAR personnel for personal safety and efficiency. This list is based on the National Association for Search and Rescue (NASAR) Search and Rescue Technician level II (SAR TECH II) equipment list, but has deleted the requirement for an additional set of clothes and added personal medications.